

Via Della Vita Allergy Menu



Sourdough Bread

- whole wheat & rye loaf (2)
 - seasonal loaf (2)
 - brioche tin (2, 4, 7)
 - focaccia slice (2)
- sandwich loaf - wheat (2, 7)
- sandwich loaf - whole wheat (2, 7)
- sandwich loaf - wheat & rye (2, 7)
 - lumberjack loaf (2)

House Specials

- Lablabi Style Stew (1, 2, 14)
- Aubergine Parmigiana (1, 2, 4, 7, 14)
- Shakshuka (1, 4, 14)
- Veal Piccata (7, 14)
- Veal Scallopini (2, 4, 14)
- Mediterranean Bowl (2, 4, 5, 7, 14)
- Tunisian Fricassé (2, 4, 5, 7, 14)

Sandwiches

- whipped feta, seasonal grilled vegetables and salad greens (1, 2, 7, 14)
- preserved lemon aioli and deep fried veal with pickles (1, 2, 4, 14)
- arrabiata sauce, deep fried aubergine, mozzarella and basil (1, 2, 4, 7, 14)
- slata mechouia, tuna and hard-boiled egg (2, 4, 5, 14)
- harissa, merguez, smoked cheese (1, 2, 7, 14)

Pasta

- Arrabiata (1, 2, 14)
- Al Tonno (1, 2, 5, 14)
- Puttanesca (1, 2, 5, 14)
- Cacio e Pepe (1, 2, 7, 14)
- Aglio, Olio & Peperoncino (2)

Pasta Salad

- chickpeas, salad greens, olives, feta, and fresh salsa with mint (1, 2, 7, 14)
- chickpeas, seasonal roasted vegetables, olives, and halloumi (1, 2, 7, 14)

Ftayer

- garlic (2, 7)
- yogurt & smoked cheese (2, 7)
- hummus & seasonal grilled vegetables (1, 2, 7, 12, 14)
- whipped feta & olives (2, 7, 14)
- slata mechouia & halloumi (2, 7, 14)
- harissa, tuna & onion (2, 5, 7, 14)

Dips

- garlic yogurt (7)
- hummus (12, 14)
- preserved lemon aioli (14)
- whipped feta (7)
- slata mechouia (14)
- harissa (14)

Sides

- fried cauliflower (1, 2, 4)
- couscous (2)
- orzo (2)
- fresh salsa with mint
- crispy chickpeas (14)
- olives & bread (2, 14)
- selection of sourdough bread (2, 7)

Desserts

- bambalouni :
 - vanilla sugar (2, 4)
 - rose water honey & pistachio (2, 4, 10)
 - rose water honey & yogurt (2, 4, 7)
 - rose water honey, pistachio & yogurt (2, 4, 7, 10)
- baklava (2, 4, 10, 11, 14)
- cannoli (2, 4, 7, 10, 11, 14)

14 Major ALLERGENS

- | | | | | | | |
|-----------|----------------|----------|-------------|------------|------------------|---------------|
| 1. Celery | 3. Crustaceans | 5. Fish | 7. Milk | 9. Mustard | 11. Peanuts | 13. Soya |
| 2. Gluten | 4. Eggs | 6. Lupin | 8. Molluscs | 10. Nuts | 12. Sesame Seeds | 14. Sulphites |

We understand that allergies can be a concern. Each allergen is associated with a specific number for easy reference. Your well-being is important to us, so we encourage you to be aware of potential allergens. Please note we handle celery, nuts, peanuts, soya and mustard.

Thank you